# The Influence of Servant Leadership on Employee Trust in a Leader and Commitment to the Organization

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#### Doi:10.5901/mjss.2013.v4n14p405

#### Abstract

Servant leadership is a concept that has garnered attention from researchers in the past decade. Servant leadership requires leaders to rely on one-on-one communication in order to understand the abilities, needs, desires, goals, and potential of their followers and ultimately bring the best out of those individuals. It is noted from the extant literature that, with the knowledge of each follower's unique characteristics and interests, leaders can assist their followers in achieving their potential. This study investigates the mediating role of employee trust in the leader on the relationships between servant leadership and employee commitment to the organization. Three research hypotheses are posited and empirically tested using a sample data of 150 from certain sectors in South Africa's Gauteng Province. The results indicate that servant leadership positively influences employee trust in the leader and employee commitment to the organization in a significant way. Servant leadership implications of the findings are discussed and limitations and future research directions are indicated.

Keywords: Servant leadership, Employee trust, Employee commitment, Transformational leader, Social exchange theory

#### 1. Introduction

Leadership is a complex relationship between the characteristics of the leader and the attitudes and needs of the followers to realize the purpose of the organization (Mc Gregor, 1960; Barbuto & Wheeler, 2006). One of the leadership concept that has been popularized in the past decade is servant leadership (Barbuto & Wheeler, 2002). Servant leadership is a philosophy and practice defined in the Bible by Jesus Christ, (in the Gospel of John Chapter 13). Among the known important effects of servant leadership in leadership and organizational behavior literature are employee trust and commitment (Gao, Janssen & Shi, 2011). In the extant literature, employee trust is defined as an individual's reliance on another person under conditions of dependence and risk (Tschannen-Moran & Hoy, 2000; Schoorman, Mayer & Davis, 2007). Commitment is defined as a positive feelings of identification with, attachment to, and involvement in, the work organization" (Meyer & Allen, 1997:375).

Although a substantive body of literature about the implications of servant leadership exists, less attention has been paid to mediating influence employee trust in the servant leadership and employee commitment relationship. It is therefore submitted in the current study that beside the direct effects of servant leadership on employee commitment, the employee's trust is an intervening construct in this relationship. In other words, if employees trust a leader who depicts servant leadership qualities, they are more likely to be committed to their organization. Moreover too, most of the previous researches conducted on servant leadership and the behavioral outcomes happen to be in the developed countries such as the USA and Europe and to some lesser extent the newly developed countries in the Asian world (Hunter, Neubert, Perry, Witt, Penny & Weinberger 2012; Somers, 2008). Hence, there seem to be a dearth of studies that focus on the same, from an African perspective. In particular, researches that investigate the influence of servant leadership on employee trust and employee commitment to their organization in the African context remains scant, therefore the need for the current empirical study.

In light of the above, this research paper aims to achieve four objectives. First, this study seeks to examine the

E-ISSN 2039-2117	Mediterranean Journal of Social Sciences	Vol 4 No 14
ISSN 2039-9340	MCSER Publishing, Rome-Italy	November 2013

influence of servant leadership on employee trust in their leader. Second, it seeks to present an empirical investigation of the influence of servant leadership on employee commitment to their organization. Third, the paper seeks determine the influence of employee trust on employee commitment to their organization. Finally, an attempt is made to apply the Leader-Member Exchange theory (LMX theory) in the context of this study. This endeavor is considered to provide a strong theoretical grounding to the current research. All in all, the findings of this study are expected to contribute new knowledge to the existing body of servant leadership literature. In addition, it is expected to provide new or different aspects or perspectives of viewing implications of trust and commitment in the organization.

The rest of the article is organized as follows: a review of the literature, conceptual framework and hypotheses are provided. These are followed by the discussion of methodology, the constructs and construct measures used. The analysis as well as conclusion are outlined thereafter. Finally leadership implications, limitations and future research directions are provided.

### 2. Literature Review

#### 2.1 Leader – Member Exchange Theory

According to Liden and Maslyn (1998), the Leader-Member Exchange (LMX) perspective is unique among leadership theories in that it focuses on dyadic relationships between leaders and followers. The theory contends that leaders form different types of exchange relationships with their respective followers (Dansereau, Graen & Haga, 1975; Liden & Maslyn, 1998). The LMX theory is silent with respect to the provision of personal healing, the development of followers and the encouragement of service to the community by leaders. Servant leadership is therefore related to LMX theory in that servant leadership behaviors contribute to the development and maintenance of strong interpersonal relationships between leaders and followers and are instrumental in helping employees attain their fullest potential and become self-motivated (Manz & Sims, 1987; Liden & Maslyn, 1998). Leaders foster these important behaviors by forming social exchange relationships with their followers, rather than relying solely on the economic incentives in the employment agreement or the authority vested in their positions.

#### 2.2 Servant leadership

The term 'servant' indicates an idea based on service or serving. The idea of servant leadership is deeply rooted in and originated from religion. Ancient scripture refers to the servant leader example of Jesus Christ. For example, Matthew recorded Jesus' words: "You know that the rulers of the Gentiles lord it over them, and their high officials exercise authority over them. Not so with you. Instead, whoever wants to become great among you must be your servant" (Matthew 20:25-26, New International Version). Servant leadership stresses personal integrity and serving others, including employees, customers, and communities (Liden, Wayne, Zhao & Henderson 2008).

More recently, Ehrhart (2004) conducted a thorough review of the literature and identified seven dimensions of servant leadership. The first dimension involves forming relationships with followers, such as when servant leaders spend quality time and forge interpersonal bonds with their followers. Second, servant leaders empower followers (e.g., incorporating follower input on important managerial decisions). Servant leaders also help followers grow and succeed by providing opportunities to enhance follower skills. Fourth, servant leaders behave ethically. For instance, a servant leader will follow through on promises made to followers to demonstrate their adherence to strong ethical values. Fifth, these leaders demonstrate conceptual skills, such as balancing daily work with future vision. They also put followers first by promoting followers to engage in community service opportunities outside of work. Liden, Wayne, Zhao & Henderson (2008) suggest that servant leadership produces organizational success because it builds or creates a trusting, supportive community that fosters creativity and initiative. In this sense, servant leadership is the independent variable that causes or produces a culture or community of trust that in turn produces organizational success (Reinke 2004).

#### 2.3 Employee trust on the leader

Although there is a growing body of research on trust, there are still differences of opinion on its definition. This study will examine trust by using the frequently cited definition that focuses on defining trust in terms of a 'willingness to be vulnerable' in one's relationship (Roger, Mayer, Davis & Schoorman, 1995; Whitener, Brodt, Korsgaard & Werner, 1998)

with another person based on positive expectations regarding that person's behavior (Rousseau, Sitkin, Burt & Camerer, 1998). In general, trust has been conceived as the extent to which people are willing to rely upon others and make themselves vulnerable to them (Frost, Stimpson & Maughan, 1978; Tschannen-Moran & Hoy, 2000). Based on this general definition, this study define an employee's trust in his or her leader as a psychological state involving positive expectations about the leader's intentions or behaviors with respect to oneself in situations entailing risk (Boon & Holmes, 1991; Premeaux & Bedeian, 2003). The empirical literature indicate that trust is strengthened or weakened due to the experiences, interactions, and context within which the relationship exists, trust is likely to develop differently in relation to team members, team leaders, and toward the organization as a whole (Burke, Sims, Lazzara & Salas, 2007). Trustworthiness attributions have a strong, widespread influence upon people's reactions to leaders (Yang & Mossholder, 2010). While acknowledging the importance of trust in leadership across levels and forms the current article will primarily focus on the trust that exists between a team member and his/her team leader. This study proposes that a leader who displays higher levels of positivity (represented by hope, efficacy, optimism, and resiliency), would be seen by others as being more competent and in turn trustworthy because these components have been demonstrated to be connected to higher levels of performance (Luthans, Avolio, Avey & Norman, 2007). When a leader is transparent, "followers come to know what the leader values and stands for, and that the leader understands who they are as well. Furthermore, if such insights reveal high levels of congruence between the attributes, values, and aspirations of both parties, the level of trust will deepen" (Avolio, Gardner, Walumbwa, Luthans & May, 2004).

### 2.4 Employee commitment to the organization

Employee organizational commitment is the employee's emotional attachment, identification with, and involvement in a particular organization (Naqvi & Bashir, 2011). Commitment was initially defined and studied as a uni-dimensional construct tied either to one's emotional attachment to an organization (Porter, Steers, Mowday & Boulian, 1974). As work in this area progressed, these views of commitment converged and a new, multidimensional framework was adopted based on three distinct but related forms of commitment: affective, continuance and normative (Allen & Meyer, 1990). The affective dimension of commitment refers to an emotional attachment to and involvement with an organization while continuance commitment denotes the perceived costs of leaving an organization (Meyer & Allen, 1991). Normative commitment is a newer addition to the commitment typology and is viewed as felt responsibility to support and remain a member of an organization (Allen & Meyer, 1990). However, despite these development of conceptualizing organizational commitment as a multi-dimensional construct, the current study treats employee commitment to organization as a uni-dimensional variable. Among the known empirical behavioral outcomes of employee commitment to the organization are employees' willingness to embrace organizational change (Meyer, Srinivas, Lal & Topolnytsky, 2007), and improved employee job performance (Taylor, Burklund, Eisenberger, Lehman, Hilmert & Lieberman, 2008; Coelho, Augusto, Coelho & Sà, 2010).

### 3. Conceptual Model and Hypothesis Development

Based on the literature reviewed the following conceptual model has been developed. Hypothesized relationships between research variables are developed thereafter. In the conceptualized model servant leadership is the predictor variable, employee trust on the leader serves as the mediator and employee commitment is the outcome variable.

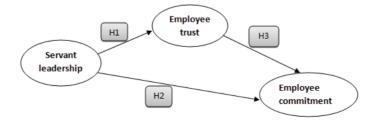


Figure 1: Conceptual Model

#### 3.1 Servant Leadership and Employee Trust

According to Bennis (2002) and DePree (2002), leaders generate and sustain through their behaviors. For instance, Gimbel, (2001) argues that trust seems to be determined primarily by the behavior of the leader's communicative and supportive behaviors. Leaders' communication practices that resemble humbleness and empathy with subordinates positively influences the followers' trust in the leader (Tschannen-Moran & Hoy, 1998; Woolston, 2001). Thus, it is posited in the current study that the follower's trust in the leader is a product of servant leadership qualities. Based on the LMX theory and the above mentioned literature, this study therefore hypothesizes that:

H1:There is a positive relationship between servant leadership and employee trust in the leader.

### 3.2 Servant Leadership and Employee Commitment to the Organization

Theoretically and empirically, organizational commitment appears to be likely impacted by servant leaders. For example, Agrawal, A. A., S. Tuzun, & E. Bent, Eds. (1999.) found one of the strong components of servant leadership characteristic attributes such as consideration behavior to be positively correlated with organizational commitment and involvement of employees in the organizational activities. Buttressing the same notion, Drucker (1999) argues that organizations are now evolving toward structures in which rank entails responsibility but not authority, and where the supervisor's job is not to command, but to persuade. This means that the influential role played by leaders through upholding values such as humbleness, empathy and empowerment is critically important in ensuring employee commitment to their organization. Thus, servant leaders assist and support their employees' growth, needs, and motivate them to carry out their duties to the fullest expectation of the organization (Blickle, 2003). In light of the aforementioned arguments, this study hypothesizes that:

H2: There is a positive relationship between servant leadership and employee commitment to the organization.

### 3.3 Employee Trust and Employee Commitment

They is growing empirical evidence indicating that employees' happiness is positively and significantly affected by trust and identification with one's co-workers - for example, their leaders (King & Grace, 2008; Johnson et al., 2003). Moreover, greater levels of purpose that one attributes to his or her work correlates to a greater employee commitment to the organization. It also applies for the level of trust that the leader has cultivated among his or her subordinates. It is noted in the extant literature that productive employees are a result of a winning combination of trust and support (Gounans, 2005; Johnson et al., 2003). It is therefore important for leaders to build and manage employees' commitment, especially based on trust, because employees tend to show a huge amount of commitment towards the organization when the leader is trustworthy and reliable (King & Grace, 2008). Drawing from the foregoing discussion, the current study therefore hypothesizes that:

H3: There is a positive relationship between trust in a leader and employee commitment to the organization.

### 4. Research Methodology

### 4.1 Sample and data collection

The data for this research was collected from different employees in Sharpeville in Gauteng Province of South Africa. Learners from the Tshepiso area in Sharpeville were recruited to distribute and collect the questionnaires after appointments with targeted employees. Of the total of 150 questionnaires distributed, 146 usable questionnaires were retrieved for the final data analysis.

### 4.2 Measurement Instrument and Questionnaire Design

Research measures were operationalized on the basis of previous work. Proper modifications were made in order to fit the current research context and purpose. "Servant leadership" measure used twenty items adapted from Erhart (2004), while "employee trust" used a six items all adapted from (Treadway, Hochwarter, Ferris, Kacmar, Douglas, Ammeter & Buckely, 2004; Mayer et al, 1995), and "employee commitment" used eight items adapted from Meyer, Allen and Smith (1993). All the measurement items were measured on a five-point Likert-type scale that was anchored by 1= strongly

disagree to 5= strongly agree to express the degree of agreement.

#### 4.3 Respondent Profile

Table 1 presents the profile of the participants. The respondents were asked to indicate their demographic information, including gender, age, work position, sector and academic qualifications. The respondents were mainly females constituting 52.7% while males constituted 47.3%. Data gathered indicated that 29.5% of respondents were people aged from 26-35 years, 26.7% were aged between 36-45 years, 22% were aged between 20-25, 11.6% were aged between 46-55 and 9.6% were 56 years and above. The profile also indicates that 45.2% of respondents worked in other sectors not mentioned in the study and about 30.8% of respondents work as general workers. It is also quite clear from data collected that most of the respondents had post graduate degrees 45.2%. Majority of respondents were from finance and construction which both constitute 11%.

### Table 1: Sample Profile Characteristics

Gender	Frequency	Percentage	
Male	69	47.3%	
Female	77	52.7%	
Total	146	100%	
Age	Frequency	Percentage	
20-25	33	22.6%	
26-35	43	29.5%	
36-45	39	26.7%	
46-55	17	11.6%	
56+	14	9.6	
Total	146	100%	

### 5. Data Analysis

#### 5.1 Structural Equation Modeling Approach

In order to statistically analyze the measurement and structural models, this study used Smart PLS software for Structural Equation Modeling (SEM) technique (Ringle et.al 2005). In SEM, the measurement model refers to the linkages between the latent variables and their manifest variables and the structural model captures the hypothesized causal relationships among the research constructs (Chin & Newsted, 1999). Unlike AMOS and LISREL which are covariance-based approaches, Smart PLS is a regression based technique that originates from path analysis. Smart PLS has emerged as a powerful approach to study causal models involving multiple constructs with multiple indicators (Chinomona & Surujal, 2012). Smart PLS, a component-based method, has the ability to model latent constructs that are uncontaminated by measurement error under conditions of non-normality. It has the ability to handle complex predictive models in small-to-medium sample sizes. Since the current study sample size is relatively small (150), Smart PLS was found to be more appropriate and befitting the purpose of the current study. In this respect, Bootstrapping resampling method was used to test the statistical significance of the relationships. The evidence on the reliability and validity of the measurement model is presented in Table 2.

#### 5.2 Measurement Model

To ensure convergent validity, the researcher checked if items loaded on their respective (a priori) constructs with loadings greater than 0.5, while discriminant validity was checked by ensuring that there was no significant inter-research variables cross-loadings (Chin, 1998). As can be seen in Table 2, all items have loadings greater than 0.5 (i.e. ranging from 0.509 to 0.875), with no cross-loadings greater than 0.728, while t-statistics derived from bootstrapping (300 resamples) suggest all loadings are significant at pb0.001. As such, this confirms that all the measurement items converged well on their respective constructs and therefore are acceptable measures.



### Table 2: Accuracy Analysis Statistics

	search nstruct	LV Index Value	R-Squared Value	Cronbach's α value	C.R. Value	AVE Value	Communality	Factor Loading
	SL 1							0.509
	SL 2		0.000	0.944			-	0.628
	SL 3							0.616
	SL 4							0.594
	SL 5							0.687
	SL 6							0.658
	SL 7							0.562
	SL 8							0.748
	SL 9				0.950	0.500	0.500	0.712
SL	SL 10	3.798						0.759
JL	SL 11	5.790						0.686
	SL 12							0.708
	SL 13							0.621
	SL 14							0.781
	SL 15							0.732
	SL 16							0.788
	SL 17							0.736
	SL 18							0.782
	SL 19							0.815
	SL 20							0.798
	ET 1	4.041	0.649	0.921	0.921	0.719	0.719	0.774
	ET 2							0.860
ET	ET 3							0.860
EI	ET 4							0.875
	ET 5							0.854
	ET 6							0.861
	EC 1		0.525	0.880		0.552		0.811
EC	EC 2				0.892		0.552	0.767
	EC 3							0.763
	EC 4							0.784
EC	EC 5							0.542
	EC 6 EC 7					-	0.601	
							0.826	
	EC 8							0.798

Note: SL = Servant Leadership; ET = Employee Trust; EC = Employee Commitment , C.R.: Composite Reliability; AVE: Average Variance Reliability, \* Scores: 1 – Strongly Disagree; 3 – Moderately agree; 5 – Strongly Agree

According to Chin (1998), research variables should have an average variance extracted (AVE) of more than 0.5 and a composite reliability of more than 0.7 (convergent validity), and inter-construct correlations should be less than the square-root of the AVE (discriminant validity). As can be seen (Table 2), all constructs exceed these criteria, with AVE and CR generally equal or greater than 0.5 and 0.8, respectively. Furthermore, as indicated in Table 3, the square-root of the lowest AVE is 0.71 and is greater than the highest inter-construct correlation value (0.701). All in all, these results confirm the existence of discriminant validity of the measurement used in this study.

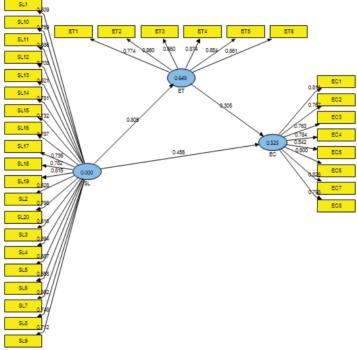
Table 3: Correlations between Constructs

Research Constructs	SL	ET	EC
Servant Leadership (SL)	1.000		
Employee Trust (ET)	0.805	1.000	
Employee Commitment (EC)	0.701	0.672	1.000

### 5.3 Path Model

PLS also generates the path coefficients for the relationships modeled among the constructs. The significance of these coefficients was assessed using the bootstrap procedure (with 300 sub-samples) that provided the t-values for each path estimate. Figure 2 and Table 4 presents the results of the PLS analysis on the structural model along with the path estimates and t-values. Support for the study hypotheses, which are labeled on their corresponding paths in Figure 2, could be ascertained by examining the directionality (positive or negative) of the path coefficients and the significance of the t-values. The standardized path coefficients are expected to be at least 0.2 and preferably greater than 0.3 (Chin, et.al 1998).

Figure 2: Measurement and Structural Model Results



Note: SL = Servant Leadership; ET = Employee Trust; EC = Employee Commitment

The results revealed in Figure 2, presents the impact of servant leadership (SL) on employee trust on the leader (ET) and employee commitment to their organization (EC). As posited in the current study, Figure 2, indicates that SL has a positive influence on ET ( $\beta$ =0.805, t=22.591), hence supporting H1. Regarding the impact of SL on EC, the results show that SL has a positive relation with EC ( $\beta$ =0.456, t=3.781), thus H2 was supported. The results also demonstrate that EC, is also positively influenced by ET ( $\beta$ =0.305, t= 2.93), hence, supporting H3. Premised on the current research findings, support for all the three hypotheses is provided, hence, resulting in a positive triangular relationship between SL, ET and EC. The, extant literature has also highlighted the important fostering role played by servant leadership on employee trust in the leader and the resultant employee commitment.

Table 4: Results of Structural Equation Model Analysis

Proposed Hypothesis Relationship	Hypothesis	Path Coefficients	<b>T-Statistics</b>	<b>Rejected/ Supported</b>
Servant Leadership (SL) → Employee Trust (ET)	H1	0.805	22.591	Supported
Servant Leadership (SL) $\rightarrow$ Employee Commitment (EC)	H2	0.456	3.781	Supported
Employee Trust (ET) $\rightarrow$ Employee Commitment (EC)	H3	0.305	2.93	Supported

Note: SL = Servant Leadership; ET = Employee Trust; EC = Employee Commitment

The  $R^2$  values for the two dependent variables - ET and EC- are 0.649, and 0.525 respectively. These results reveal that, ET explains the 64.9% of the variance in employee trust, hence suggesting that servant leadership could be associated with employee trust in the leader. However, the results for employee commitment indicate that servant leadership and employee trust in the leader together, explain the 55.2% of variance in employee commitment to the organization.

Following formulae provided by Tenenhaus, Vinzi, Chatelin and Lauro (2005), the calculated global goodness-of-fit (GoF) statistic for the research model was 0.374, which exceed the threshold of GoF>0.36 suggested by Wetzels, Odekerken-Schröder and van Oppen (2009). Thus, this study concludes that the research model has a good overall fit.

#### 6. Discussion and Conclusion

The purpose of this study was to investigate the influence of servant leadership on employee trust on the leader and employee commitment to the organization. In particular, three hypotheses were postulated. To test the proposed hypotheses, data were collected from different industries in the Gauteng province of South Africa. The empirical results supported all the three posited research hypotheses in a significant way.

When the influence of servant leadership on employee trust was tested, a positive and significant influence was found. Thus, accordingly, as team leaders continue to serve their team members and followers, without assuming any authority or rank, but performing their responsibilities, trust for that particular team leader is stimulated within the followers. The findings of this paper confirm the work of other empirical studies such as Gimbel (2001) and Reinke (2004). Therefore, this paper concludes that servant leadership has a strong positive and significant influence on employees' trust of their leader.

Also, when the effect of servant leadership on employee's commitment to the organization was tested, the findings indicated a positive and significant influence. It is understood that the behavior of a leader that manifests through serving employees or followers, as well as upholding the values such as empowerment, humility and empathy will make the employees to involve themselves and be attached to their organization. As such, this paper submits that servant leadership has a strong positive influence on employee's commitment to an organization.

The influence of employee trust of their leader on employee's commitment to the organisation was also tested, and the findings revealed a positive and significant relationship. This finding confirm the previous works of Gounans (2005) as well as King and Grace (2008) who qualified that employee trust of their leader has a positive effect on employee commitment to the organisation. Therefore, where employees have trust for their leader, they become more committed to the organisation, as they perceive leaving the organisation as a costly decision to make. Accordingly, this study concludes that employee's trust in servant leadership qualities has a positive and significant influence on the employee's commitment to the organization. Also, based on these findings, this study deduces that that servant leadership has strong influence on employee commitment via employee trust. Perhaps this could be due to the fact that employees are more committed when supported by appropriate styles of leadership.

### 6.1 Implications of the study

The cumulative importance of servant leadership on organizations' performance in South Africa cannot be overemphasized. In particular, the efficacy of these organizations might be difficult to achieve without the correct leadership style. The current study was an attempt to undertake a research in an often most neglected research setting but yet investigating an important aspect of leadership styles – servant leadership. Therefore, the findings of this empirical study are expected to provide fruitful implications to both practitioners and academicians.

On the practitioners' side, important influential role of servant leadership and employee trust on employee commitment to the organization is highlighted. This study therefore submits that leaders and managers of different organizations should consider adopting servant leadership style in leading teams in order to obtain employees' commitment to their organizations. The understanding is that, managers set a tone that influences the way employees feel about their employer and consequently, the way they perform for and interact with customers (Allen & Grisaffe, 2001). Servant leadership stresses personal integrity and serving others, including employees, customers and communities. With no confidence shaken in business leadership, interest has been increasing in the development of leaders who set aside self-interest for the betterment of their followers and organizations (Boyatzis & McKee, 2005; George, 2003).

On the academic side, this study makes a significant contribution to the leadership literature by systematically

exploring the impact of servant leadership on employee trust and employee commitment in line with different organizations. In particular, the current study findings provide tentative support to the proposition that servant leadership should be recognized as significant antecedent and tool to foster employee trust in the leader and employee commitment to the organization in different sectors.

#### 6.2 Limitations and Future Research

Although this study makes significant contributions to both academia and practice, it was limited in some ways, and therefore some future research directions are suggested. First, the data were gathered from certain sectors in Gauteng Province of South Africa. Perhaps, the results would be more informative if data from all sectors in other provinces of the country are included. Future studies may be conducted by using data from other industry's or sectors across the country. Second, the current study was limited to sectors in South Africa. Consequent research should contemplate replicating this study in other developing countries in Africa for results comparisons. Future studies can also extend the current study conceptual framework by studying the effects of a larger set of variables. Above and beyond, this will immeasurably contribute new knowledge to the existing body of servant leadership literature on different organizations in developing countries which happen to be overlooked in research contexts in academics.

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